

Step into better health!

Podiatry Seminar
with

Yasuhide SHINBO

Leading Japanese podiatrist with
over 130,000 clients



English seminar

15th March | 10:00 am

Marlborough Primary School
2nd Floor, Classroom R2/20
Draycott Avenue
London SW3 3AP

16th March | 10:00 am

Farm Street Church
114 Mount Street
London W1K 3AH

※ Japanese-language seminars will also be held on 14th and 18th March.

Did you know that ankle problems can cause all these conditions?



Timetable

10am - SHINBO's method - **feet, shoes & health**

11am - SHINBO'S **walking lessons**

12pm - Individual **foot consultation**

Pain-free cervical spine correction for all
participants

1pm - **Custom-made orthotics** for individuals
looking to design their own insoles

※ Insoles at an additional cost



Fees

£35 per person

£25 per person for
2 or more people

£20 per person for
insole holder

Booking & enquiries

Please contact

Michiko & Ikuko:

ukwalking737@gmail.com

Application form





INSOLES

Custom-made orthotics



Try them in your own shoes

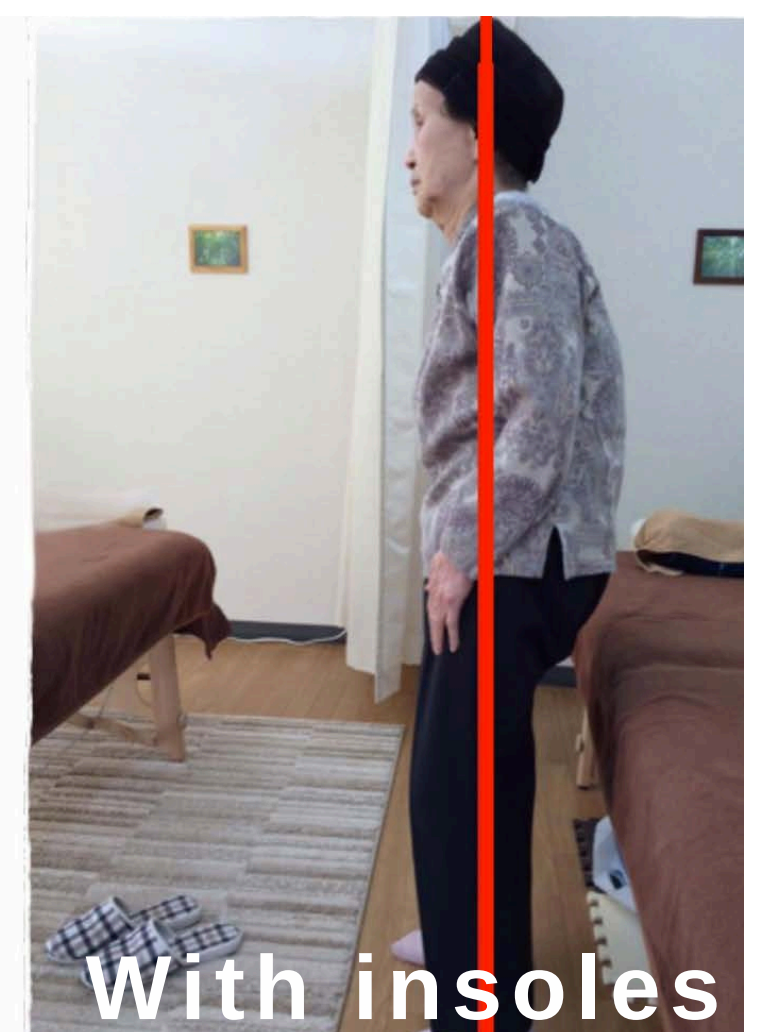
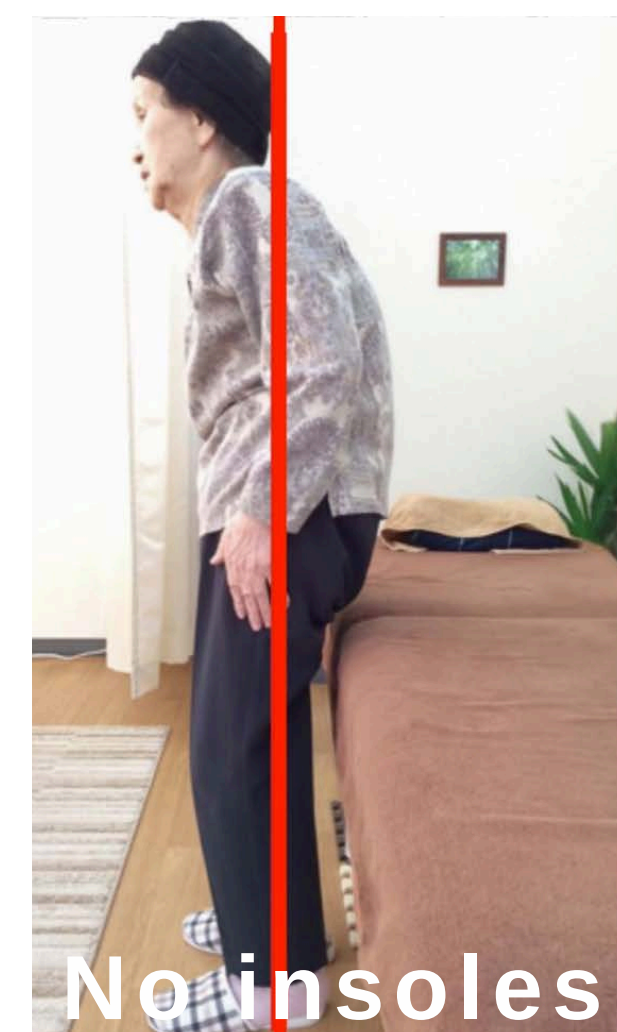
- Insoles can be used **for life**
- One set of insoles can be used with **various shoes**
- Wearing insoles every day improves **your overall health**
- Customers who experienced little benefit from other insoles and treatments say they wish they had discovered **Shinbo's insoles** sooner



Improvement of bunions



Posture improved in a 92 year old woman



For high heels



For trainers and flat shoes



Made with a plaster mould

Bow-legs improved



Podiatrist
Yasuhide SHINBO

Founded Tokyo's leading foot clinic in 2014
Specialising in custom-made orthotic insoles,
making more insoles than any other clinic in Japan
Featured in many Japanese magazines and TV shows



Books by SHINBO